

Scams, Fraud, & ID Theft Resource Guide

Obtain a **free** credit report from a central source:

www.annualcreditreport.com | 1-877-322-8228

You can also call the three national credit bureaus to place fraud alerts:

Equifax

1-800-525-6285

www.equifax.com

TransUnion

1-800-680-7289

www.transunion.com

Experian

1-888-397-3742

www.experian.com

The Upstate Elder Abuse Center at Lifespan of Greater Rochester

- **Direct case management** for victims of elder abuse, scams, frauds, and ID Theft (age 60 and older) in Monroe and the surrounding counties.
- Statewide **consultation on elder abuse and scams**.
- **Education and training** to professionals, older adults, and their caregivers across NYS.

Call today for help at 585-244-8400

Additional Resources:

Federal/National Resources	Federal Trade Commission (FTC)	www.ftc.gov 1-877-ID-THEFT
	National Do Not Call registry	www.donotcall.gov 1-888-382-1222
	Consumer Financial Protection Bureau	www.consumerfinance.gov
	FBI	www.fbi.gov/scams-and-safety www.ic3.gov
	US Postal Service Inspection Service	www.uspis.gov 1-877-876-2455
	Medicare	www.medicare.gov 1-800-MEDICARE or 1-800-633-4227
	National Elder Fraud Hotline	1-833-FRAUD-11 or 1-833-372-8311 Free resource created by the U.S. Department of Justice, Office for Victims of Crime

NYS Resources	NY Connects	www.nyconnects.ny.gov 1-800-342-9871
	NYS Senior Medicare Patrol	www.nysenior.org/senior-medicare-patrol 1-800-333-4374
	Health Insurance Information Counseling and Assistance Program (HIICAP)	1-800-701-0501
	NYS Attorney General	www.ag.ny.gov 1-800-771-7755

Prevention Options	Opt-Out Prescreen	www.optoutprescreen.com 1-888-5-OPT-OUT or 1-888-567-8688
	National Do Not Mail List	www.directmail.com/mail_preference/ 1-866-395-4339
	Charity Navigator	www.charitynavigator.org
	Charity Watch	www.charitywatch.org
	Nomorobo	www.nomorobo.com FREE for landlines; monthly fee for mobile devices
	AARP Fraud Watch Network Helpline	www.aarp.org 1-877-908-3360

Family Matters (no fee)	Mary M. Berk, LCSW Certified Mediator mberk@lifespan-roch.org 585-244-8400 ext. 170 Helping families of victims navigate the challenges of the fraud experience.
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Peer to Peer Program	Fraud Awareness Network Led by Sheila Brewer-Montero 585-626-0250 fraudnetwork@lifespanrochester.org A peer-to-peer program for fraud survivors 60 and older. Weekly one-hour sessions for older adults to join and talk through the challenges of scams and fraud. Tuesdays at 10:00am EST via Zoom or phone.
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